

2020

# Community Health Needs Assessment

CLARKE COUNTY, IOWA



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An Affiliate of  UnityPoint Health

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**Clarke County**



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# Summary

In June 2019, Clarke County Hospital (CCH) collaborated with Clarke County Public Health (CCPH) to launch an initiative to better understand the health needs of the community. This process included conducting a Community Health Needs Assessment (CHNA) to provide statistical data of the community's health status, then taking this information and developing a Health Improvement Plan (HIP) to identify and prioritize health concerns. A collaborative approach was utilized through meetings and discussions. This report shows the findings of the CHNA and the development of the HIP.

The health assessment is a requirement to be performed by CCPH every five years and CCH every three years. Together, the survey was promoted over a 4-month period (June through September) to reach as many community members as possible. Three town hall forums were held to review the results of the assessment and to drill down areas of focus.

The primary data presented in this report was gathered from the CHNA survey results. The secondary data was collected during the forums from multiple organizations/resources including Clarke County Hospital, Clarke County Public Health, Clarke County Development Corporation, Parents as Teachers, CROSS, Clarke County Supervisor, Clarke Community School Districts members, Community Health Centers of Southern Iowa, Mosaic, and Crossroads.

# County Profile

Clarke County was established on January 13, 1846.<sup>1</sup> The county was named in honor of James Clarke, third Governor of Iowa Territory.<sup>1</sup> It is located in South Central Iowa intersected by Highway 34 and Interstate 35. Towns residing within Clarke County include the following: Osceola, Woodburn, Murray, Weldon, Green Bay, Doyle, Knox, Fremont, Jamison, Troy, Liberty, Ward, Franklin, Madison, Washington, Jackson, and Hopeville.<sup>2</sup> As of 2018, the estimated population is approximately 9,423 residents.<sup>3</sup> Over the last 10 years Clarke County has shown a 1.5% growth in population in addition to a wide variety of resources available to the community members (Appendix A).<sup>a</sup> The demographics of these community members along with the social/economic factors, clinical care, and health behaviors within the county are shown below.

**Table 1. Estimate and Percentage of the Age of Residents within Clarke County, IA<sup>3</sup>**

Age	Estimate	Percentage
Under 5 years	601	6.5%
5 to 9 years	721	7.8%
10 to 14 years	594	6.4%
15 to 19 years	499	5.4%
20 to 24 years	488	5.3%
25 to 29 years	625	6.7%
30 to 34 years	475	5.1%
35 to 39 years	600	6.5%
40 to 44 years	430	4.6%
45 to 49 years	532	5.7%
50 to 54 years	764	8.2%
55 to 59 years	682	7.4%
60 to 64 years	665	7.2%
65 to 69 years	534	5.8%
70 to 74 years	311	3.4%
75 to 79 years	338	3.6%
80 to 84 years	193	2.1%
85 years and older	215	2.3%

**Table 2. Percentage of Gender within Clarke County Compared to the State and Nation<sup>4</sup>**

Gender	Clarke County, IA	Iowa	United States
Male	50.6%	49.8%	49.2%
Female	49.4%	50.2%	50.8%

<sup>1-4</sup> – references on pg 16

<sup>a</sup> - appendix A on pg 17

**Table 3. Percentage of Ethnicity/Race within Clarke County Compared to the State and Nation<sup>4</sup>**

Origin	Clarke County, IA	Iowa	United States
Caucasian	95.2%	90.7%	76.5%
Hispanic or Latino	14.3%	6.2%	18.3%
African American	1.3%	4.0%	13.4%

**Table 4. Social & Economic Factors within Clarke County Compared to the State and Nation<sup>5</sup>**

Social & Economic Factors	Clarke County, IA	Iowa	United States
High School Graduation <i>(percentage of population)</i>	90%	91%	96%
Unemployment <i>(percentage of population)</i>	3.1%	3.1%	2.9%
Children in Poverty <i>(percentage of population)</i>	15%	13%	11%
Violent Crime <i>(number of reported crime)</i>	140	282	63
Children Eligible for Free or Reduced Price Lunch <i>(percentage of students)</i>	56%	41%	32%

**Table 5. Clinical Care within Clarke County Compared to the State and Nation<sup>5</sup>**

Clinical Care	Clarke County, IA	Iowa	United States
Uninsured Children <i>(% of adults under age 19 without health insurance)</i>	3%	3%	3%
Uninsured Adults <i>(% of adults under age 65 without health insurance)</i>	7%	6%	6%
Primary Care Physicians <i>(ratio of population to physicians)</i>	3,100: 1	1390: 1	1050: 1
Dentists <i>(ratio of population to dentists)</i>	2340: 1	1520: 1	1260: 1
Mental Health Providers <i>(ratio of population to mental health providers)</i>	3120: 1	700: 1	310: 1

<sup>4,5</sup> – references on pg 16

**Table 6. Health Behaviors within Clarke County Compared to the State and Nation<sup>5</sup>**

<b>Health Behaviors</b>	<b>Clarke County, IA</b>	<b>Iowa</b>	<b>United States</b>
Adult Smoking <i>(% of adults who are current smokers)</i>	15%	17%	14%
Adult Obesity <i>(% of adults who have a BMI greater than or equal to 30 kg/m2)</i>	37%	32%	26%
Physical Inactivity <i>(% of adults reporting no leisure time physical activity)</i>	23%	23%	19%
Excessive Drinking <i>(% of adults reporting binge or heavy drinking)</i>	19%	22%	13%
Teen Births <i>(# of births per 1,000 female pop age 15-19)</i>	39	20	14
Food Insecurity <i>(% of pop who lack adequate access to food)</i>	11%	12%	9%

In addition, among Iowa's 99 counties, Clarke County ranks 95<sup>th</sup> in overall child abuse and neglect as well as ranked 90<sup>th</sup> with an inventory of adults with four or more adverse childhood experiences (ACEs).<sup>6</sup> ACEs include abuse, neglect, violence, incarceration, addiction, mental illness, and suicide.<sup>6</sup>

<sup>5,6</sup> – references on pg 16

# Methods

CCH and CCPH partnered in January 2019 to conduct a CHNA to identify health issues in the community. The hospital and public health researched a wide variety of needs assessment surveys, including the Clarke County CHNA 2015, to gather information that would be relevant on what the community sees as a gap or need of the health of the community. All questions were approved by CCH and CCPH and incorporated into the 2019 CHNA survey (Appendix B).<sup>b</sup> This survey was then separated into three different parts based upon the selected questions: Part I: Healthcare Perceptions and Satisfactions, Part II: Your Health Practices, and Part III: A Little More About You (Appendix B).<sup>b</sup>

On June 20, 2019, the Clarke County CHNA was released to the public. Surveys were conducted through paper and online formats, in English and Spanish. The surveys were promoted throughout the community in the following ways:

- Flyers with a link to the online survey and QR code were created and shared around the community
- Online survey (Spanish and English) was posted to CCH website/Facebook page, CCPH website/Facebook page, Clarke County Living website, and Chamber Main Street newsletters
- Press release in the Advertiser
- Hard copies provided at numerous events: Latino Fest, Thursday Night in the Park, Spanish and English PAT, Back to School Night, Clarke County Fair, Fourth of July, etc.
- Hard copies with drop boxes around Osceola and Murray areas

Survey distribution and collection of the 2019 CHNA concluded in September of 2019. Thereafter, the hospital and public health collected, organized, and analyzed the data from the surveys. Based on the results, a presentation was developed to educate the public about the survey's findings (Appendix C).<sup>c</sup> The presentation was conducted at a community forum on November 7<sup>th</sup> (Appendix D).<sup>d</sup> During this forum, community members were given an opportunity to discuss their thoughts and opinions. Later, a vote was conducted to prioritize the community's top health concerns. The top three concerns were further discussed in two additional community forums held on November 21<sup>st</sup> and December 12<sup>th</sup> (Appendix D).<sup>d</sup>

<sup>a</sup> - Appendix A on pg 17

<sup>b</sup> - Appendix B on pg 28

<sup>c</sup> - Appendix C on pg 36

# Survey Results

The survey results were analyzed leading to our overall findings (Appendix C and D).<sup>c,d</sup> A total number of 376 surveys were completed, 39% were in the age range of 45-64 years old. A higher percentage of respondents were female (80%) leaving only 20% of the respondents self-classified as male. An overwhelming percentage of 94% of respondents labeled themselves as Caucasian/White American. In Part II of the survey asking about the participants health practices:

- 48% of the respondents rated their personal health as “good”
- 50% reported eating right daily (consuming 5+ fruits and vegetables)
- 81% denied the use of tobacco products
- 58% reported exercising two to three times weekly
- 87% denies consuming more than 1 drink of alcohol daily
- 74% have received a flu shot
- 74% have a yearly physical

In addition to healthy habits, we wanted to ask about reasons that delayed a participant from receiving healthcare: 28% was due to lack of money and 17% was due to inability to schedule an appointment.

<sup>c</sup> – Appendix C on pg 36

<sup>d</sup> – Appendix D on pg 55



With the survey covering demographics and the health habits of our community, there needed to be a section relating to what areas of health needed to be addressed in the years to come. The following provides the answers from Part I (Healthcare Perceptions and Satisfaction):

- Top health concerns:
  - mental health problems
  - cancer
  - aging problems
- Top behaviors negatively impacting Clarke County:
  - illegal drug abuse
  - not seeking help for mental illness
  - being overweight/obese
- Areas of education needed:
  - mental illness
  - drug/substance abuse
  - abuse/violence
  - obesity
  - aging-related issues
- 78% feel Clarke County needs additional providers
- Main areas of need:
  - mental health
  - recreation center
  - family activities
  - education in health and wellness
  - improvement of infrastructure
  - affordable housing
  - affordable access to specialists, elderly care, and family medicine

# **Community Forum Results**

CCH has been assessing the needs of the community based upon community concerns, and increasing services where able over the past several years. The CHNA and focus groups highlighted areas of concern that CCH is aware of and actively working to improve upon. Based on the results from the survey and the conclusion from the forums, CCH and CCPH's focus will be on mental health, drug/substance abuse, and the prevention of child abuse.

# Community Health Improvement Plan

\*\* resulting from the CHNA survey and community forums

## Mental Health

The responses of multiple questions relating to mental health indicate that this is a need within our community:

- When asked what the three most important “health issues” in our community are, 55.47% responded, “mental health problems”.
- When asked what the three most important behaviors that negatively affect the overall health in Clarke County, 44.7% reported, “not seeking help for mental illness”.
- When asked what areas need additional education or attention in our community, 42.7% reported “mental illness”.
- When asked with an open-ended question, “If there are any healthcare services in Clarke County that need to be added improved and/or changed?” mental health for children and adults and more mental health care education were the response of multiple surveys.
- When asked with the open-ended question, “What new community health programs should be created to meet current community health needs?” mental health support groups, education, and police/first responder training were also the response of multiple surveys.

In addition to the survey responses, the community members who attended the forums voted on mental health as a top issue and this would include the following: adult and children, resources available, homelessness, basic needs, substance abuse, and abuse/violence. It was also noted in an earlier section (Table 5) that Clarke County suffers from a low population of mental health providers (ratio of 1 mental health provider per every 3120 residents). This indicates that there is approximately three mental healthcare providers available for the whole county of Clarke.

**Goals:** Increase awareness of current resources that address mental health within Clarke County and bring additional resources (of greater variety) to Clarke County that address all aspects of mental health.

**Strategies:**

- Restart the Healthy Clarke County Coalition
- Develop a one page community resources guide designed to list current resources within the community
- Create a SWOT analysis to identify our strengths, weaknesses, opportunities for improvement, and challenges within the realm of mental health
- Identify contact information for legislative funding
- Advocate with legislation and funding agencies based upon identified need

## **Drug/Substance Abuse**

The responses of multiple questions relating to drug/substance abuse indicate that this is a need within our community:

- When asked what the three most important behaviors that negatively affect the overall health in Clarke County, 58% reported “illegal drug abuse” and 26% reported “alcohol abuse”.
- When asked what areas need additional education or attention in our community, 40% reported “drug/substance abuse”.
- When asked with an open-ended question, “What are some ways Clarke County could improve to make it a better place to live, work, worship, and visit?,” drug enforcement was the response of multiple surveys.
- When asked with the open-ended question, “What new community health programs should be created to meet current community health needs?,” substance abuse awareness training and treatment programs were also the response of multiple surveys.

In addition to the survey responses, the community members who attended the forums voted on drug/substance abuse as a top issue and this would include the following: knowing what resources available and teaching the young about effect of alcohol/drugs.

**Goals:** Decrease the amount of participation in drug/substance abuse within the community of Clarke County by increasing awareness of resources and education.

**Strategies:**

- Utilize the mental health community resource guide for mental health to promote additional services relating to drug/substance abuse in Clarke County
- Identify what entities are currently educating on drug/substance abuse and where the need is
- Create a SWOT analysis to identify our strengths, weaknesses, opportunities for improvement, and challenges within the realm of drug/substance abuse
- Advocate with legislation and funding agencies based upon identified need

## Prevent Child Abuse

The responses of multiple questions relating to child abuse indicate that this is a need within our community:

- When asked what the three most important “health issues” in our community within the survey, 31% responded, “child abuse/neglect”.
- When asked what the three most important behaviors that negatively affect the overall health in Clarke County, 25.6% reported, “abuse/violence”.
- When asked what areas need additional education or attention in our community, 21% reported “abuse/violence”.

In addition to the survey responses, the community members who attended the forums voted on child abuse as a top issue. It has also been reported that Clarke County ranks as 95<sup>th</sup> in overall child abuse and neglect as well as 90<sup>th</sup> for adults with four or more Adverse Childhood Experiences (ACEs).

**Goals:** Decrease the rate of child abuse in Clarke County

**Strategies:**

- Support the Prevent Childhood Abuse Council
- Create a SWOT analysis to identify our strengths, weaknesses, opportunities for improvement, and challenges within the realm of child abuse
- Advocate with legislation and funding agencies based upon need

# Hospital Health Improvement Plan

\*\* resulting from the CHNA survey and community forums

To address all of the top priority needs, the hospital plans to utilize the adverse childhood trauma grant that was received in 2019 and will be a continuous process for years to come. This grant supports the work of the Clarke Community Trauma Team. Adverse childhood experiences (ACEs) have been demonstrated through literature to negatively affect the health, development, and learning of those who experience ACEs early in life. The research shows that the toxic stress affects a child's brain development, quality of their relationships, and their ability to manage themselves. The traumatic stress can lead to posttraumatic stress disorder, anxiety, and depression. Continued exposure is associated with smoking, eating disorders, substance abuse, joblessness, poverty, and high-risk sexual behaviors leading to teen pregnancy and sexually transmitted infections.<sup>7,8</sup>

CCH will operate a video network used for both telemedicine and distance learning to connect, educators and healthcare practitioners, to leading resource organizations for professional development and community education. With this project, the team will be able to facilitate and/or deliver professional development and ongoing implementation support to eleven rural schools. The facilitation and delivery of specified education programs will be directed to students, families, and the community at large. The following organizations have committed to providing development and training: Please Pass the Love, Prevent Child Abuse Iowa, Western Michigan Trauma Assessment Center, Green Hills Area Education Agency, and Community Health Centers of Southern Iowa.

In addition, the hospital plans to participate in the Healthy Clarke County Coalition to coordinate and advocate for additional resources to support the community.

<sup>7,8</sup> - references on pg 16

## Needs CCH is Not Currently Addressing

1. **Alternative Medicine:** low priority assigned to the need
2. **Aging Related Issues:** hospital and other facilities/organizations in the community are addressing the need
3. **Birth Control:** low priority assigned to the need
4. **Child Care:** resource constraints
5. **Chronic Disease:** hospital and other facilities/organizations in the community addressing need
6. **Family Planning:** resource constraints
7. **Insurance:** resource constraints and low priority assigned
8. **Language Barriers:** currently addressing need
9. **Lead Exposure:** other facilities/organizations in the community are addressing the need and low priority assigned to the need
10. **Obesity:** hospital and other facilities/organizations in the community are addressing the need
11. **Pain Management:** low priority assigned
12. **Preventative Healthcare:** relatively low priority assigned to the need and lack of identified effective interventions to address the need
13. **STD:** hospital and other facilities/organizations in the community are addressing the need and low priority assigned to the need
14. **Teen Pregnancy:** low priority assigned to the need
15. **Tobacco use:** hospital and other facilities/organizations in the community are addressing the need and low priority assigned to the need
16. **Vaccinations:** hospital and other facilities/organizations in the community are addressing the need and low priority assigned to the need
17. **Water Quality:** low priority assigned to the need
18. **Wellness (includes nutrition):** hospital and other facilities/organizations in the community are addressing the need

# *References*

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# *Appendix A: Inventory of Health Resources*

## Clarke County Inventory of Health Services

Category	HC Services Offered in county: Yes/No	Hospital	HLTH Dept	Other
Clinic	Primary Care	X		X
Clinic	Walk-In	X		
ER	Emergency Services	X		
ER	Ambulance Services	X		
Hosp	Alzheimer Center			X
Hosp	Ambulatory Surgery Center	X		
Hosp	Cardiac Rehabilitation	X		
Hosp	Cardiology	X		
Hosp	Case Management	X		X
Hosp	Chaplaincy/Pastoral Care Services	X		X
Hosp	Chemotherapy	X		
Hosp	Colonoscopy	X		
Hosp	Crisis Prevention			X
Hosp	CT Scanner	X		
Hosp	Dermatology	X		
Hosp	Enrollment Assistance Services	X	X	X
Hosp	ENT	X		
Hosp	Geriatric Services	X	X	X
Hosp	Gynecology	X		
Hosp	Hematology	X		
Hosp	Isolation Room	X		
Hosp	Magnetic Resonance Imaging (MRI)	X		
Hosp	Mammograms	X		
Hosp	Mobile Health Services	X		X
Hosp	Multi-slice Spiral Computed Tomography (>64+ slice CT)	X		
Hosp	Nephrology	X		
Hosp	Occupational Health Services	X		X
Hosp	Oncology	X		
Hosp	Ophthalmology	X		

Category	HC Services Offered in county: Yes/No	Hospital	HLTH Dept	Other
Hosp	Orthopedics	X		
Hosp	Outpatient Surgery	X		
Hosp	Pain Management	X		
Hosp	Palliative Care Program	X		X
Hosp	Pediatric	X		X
Hosp	Physical Rehabilitation	X		X
Hosp	Podiatry	X		
Hosp	Radiology, Diagnostic	X		
Hosp	Respiratory	X		
Hosp	Sleep Studies	X		
Hosp	Social Work Services	X		X
Hosp	Sports Medicine	X		X
Hosp	Swing Bed Services	X		
Hosp	Trauma Center-Level IV	X		
Hosp	Ultrasound	X		
Hosp	Urology	X		
Hosp	Vascular Surgery	X		
Hosp	Women's Health Services	X		X
SR	Adult Day Care Program			
SR	Assisted Living			X
SR	Home Health Services			X
SR	Hospice	X		X
SR	Long Term Care	X		X
SR	Nursing Home Services			X
SR	Retirement Housing			X
SR	Skilled Nursing Care	X		X
SERV	Alcoholism-Drug Abuse			X
SERV	Blood Donor Center	X		
SERV	Chiropractic Services			X
SERV	Complementary Medicine Services	X		
SERV	Counseling	X		X
SERV	Dental Services		X	X
SERV	Fitness Center			X
SERV	Health Education Classes	X	X	X
SERV	Health Information Center	X	X	
SERV	Health Screenings	X	X	X
SERV	Homemakers Program		X	
SERV	Immunizations (Children/Adult)	X	X	X

Category	HC Services Offered in county: Yes/No	Hospital	HLTH Dept	Other
SERV	Meals on Wheels			X
SERV	Nutrition Programs	X	X	X
SERV	Parents as Teachers		X	
SERV	Patient Education Center	X		
SERV	Support Groups			X
SERV	Teen Outreach Services			X
SERV	Tobacco Treatment/Cessation Program	X	X	X
SERV	Transportation to Health Facilities			X
SERV	Wellness Program			X

## Practitioners Working in Clarke County 2019

Specialty	Provider Name	Credentials	Clinic
Family Practice	Bob Weissinger	DO	Clarke County Clinic/Hospital
Family Practice	George Fotiadis	MD	Clarke County Clinic
Family Practice	Benjamin Hicks	MD	Clarke County Clinic
Family Practice	Lorie Cannon	DNP	Clarke County Clinic
Family Practice	Boe Bissett	PA-C	Clarke County Clinic/Hospital
Family Practice	Susan Gilbert	ARNP	Clarke County Clinic
Family Practice	Libby Allen	ARNP	Clarke County Clinic/Hospital
Family Practice	Liz Cain	ARNP	Unity Point Clinic/Hospital
Family Practice	Thomas Lower	DO	
Chiropractor	James Audlehelm	DC	Audlehelm Chiropractic
Chiropractor	Jami Byerly	DC	Byerly Chiropractic Clinic
Chiropractor	Kyle Ellensohn	DC	Ellensohn Chiropractic
Chiropractor	Stuart Hoven	DC	Clarke County Chiropractic
Dentist	Ashley Edwards	DDS	Clarke County Dental
Dentist	Ali Meyer	DDS	Clarke County Dental
Dentist	John Meyer	DDS	Clarke County Dental
Dentist	Derek Kerr	DDS	Kerr Family Dental
Dentist	Jessica Stark	DDSS	Osceola Dental Care
Optometrist	Terry Brown	OD	Family Eye Care of Osceola
Optometrist	Dave Hoadley	OD	Osceola Vision
Optometrist	Jon Heaverlo	OD	Osceola Vision

## Visiting Specialists to Clarke County Hospital 2019

Specialty	Provider Name	Credentials	Clinic	# of Days in Clinic Per Month
Allergy Institute		MD	Specialty Outpatient Clinic	1
Cardiology	Craig Stark	MD	Specialty Outpatient Clinic	2
Counseling	Anne Enderlin		Telemedicine	1
Dermatology	Heidi Curtis	MD	Specialty Outpatient Clinic	1
ENT	Joseph Edward Hart	MD	Specialty Outpatient Clinic	2
General Surgery	Dapka Baccam	MD	Specialty Outpatient Clinic	1
General Surgery	Paul Conte	MD	Specialty Outpatient Clinic	7
Hepatology	Jennifer Greimann		Telemedicine	1
Nephrology	Kanwaljit Chouhan	MD	Specialty Outpatient Clinic	1
Oncology	Amy Hughes	DO	Specialty Outpatient Clinic	2
Ophthalmology	Mathew Rauen	MD	Specialty Outpatient Clinic	1
Orthopedics	Guatam Kakade	MD	Specialty Outpatient Clinic	4
Pain Management	Brian Jacobs	ARNP	Specialty Outpatient Clinic	4
Podiatry	Randy Metzger	DPM	Specialty Outpatient Clinic	1
Podiatry	Eric Muhm	DPM	Specialty Outpatient Clinic	4
Sleep Disorder	Steven Zorn	MD	Specialty Outpatient Clinic	4
Urology	Jonathon Fialkov	MD	Specialty Outpatient Clinic	2
Urology	Carl Meyer	MD	Specialty Outpatient Clinic	1
Vascular Surgery	Eric Scott	MD	Specialty Outpatient Clinic	1

# Resources in Clarke County, Iowa

Full Clarke County Resource Directory can be found:

<http://www.marionph.org/docs/Clarke%20County%20Resource%20Directory%202018.pdf>

## ALCOHOL AND DRUG TREATMENT PROGRAMS

### **Community Health Centers of Southern Iowa**

302 NE 14th St.

Leon, IA 50144

(641) 446-2383

[WWW.CHCSI.ORG](http://WWW.CHCSI.ORG)

### **Crossroads Behavioral Health Services**

405 E Mclane St.

Osceola, IA 50213

(641) 342-4888

[HTTPS://WWW.CROSSROADSBHS.ORG/](https://WWW.CROSSROADSBHS.ORG/)

## ASSISTED LIVING, NURSING HOMES, &

### INDEPENDENT LIVING

### **Clarke County Hospital Extended Care Services**

800 South Fillmore St

Osceola, IA 50213

(641) 342-2184

[HTTP://WWW.CLARKEHOSP.ORG/](http://WWW.CLARKEHOSP.ORG/)

### **Full Harvest**

801 S. Fillmore St.

Osceola, IA 50213

(641) 342-9636

### **Homestead Assisted Living**

334 NW. View Dr.

Osceola, Iowa 50213

(641) 342-1036

[HTTPS://WWW.MIDWEST-HEALTH.COM/OSCEOLA/](https://WWW.MIDWEST-HEALTH.COM/OSCEOLA/)

### **North Main Manor**

310 N. Main St.

Osceola, IA 50213

(641) 342-2522

### **Southern Hill Specialty Care**

444 N. West View Dr.

Osceola, IA 50213

(641) 342-6061

[HTTPS://WWW.CAREINITIATIVES.ORG/SOUTHERN-HILLS-SPECIALTY-CARE](https://WWW.CAREINITIATIVES.ORG/SOUTHERN-HILLS-SPECIALTY-CARE)

## BUSINESS AND ECONOMIC DEVELOPMENT

### **Clarke County Development Corporation**

115 E. Washington St.

Osceola, IA 50213

(641) 342-2944

[HTTPS://OSCEOLACLARKEDEV.COM/](https://OSCEOLACLARKEDEV.COM/)

### **Murray Development Corporation**

1411 Church St.

Murray, IA 50174

(641) 414-1262

### **Osceola Chamber Main Street**

115 E. Washington St.

Osceola, IA 50213

(641) 342-2944

[WWW.OSCEOLACHAMBER.COM](http://WWW.OSCEOLACHAMBER.COM)

### **USDA Farm Service Agency**

Clarke & Decatur County

709 Furnas Dr.

Osceola, IA 50213

(641) 342-6084

[WWW.FSA.USDA.GOV](http://WWW.FSA.USDA.GOV)

## CHILDREN AND YOUTH

### **Hawk-I (Healthy & Well Kids in Iowa) & Hawk-I Dental Only**

Marion County Public Health Department

2003 N. Lincoln

Knoxville, IA 50138

(641) 828-2238

[WWW.HAWK-I.ORG](http://WWW.HAWK-I.ORG)

### **1st Five Program**

Marion County Public Health Department  
2003 N. Lincoln Website:  
Knoxville, IA 50138  
(641) 828-2238  
[WWW.MARIONPH.ORG](http://WWW.MARIONPH.ORG)

### **CHIROPRACTORS**

#### **Audlehelm Chiropractic**

*James Audlehelm*  
430 S. Temple St.  
Osceola, IA 50213  
(641) 342-4022

#### **Byerly Chiropractic Clinic**

*Jami Byerly*  
322 S. Delaware St. #100  
Osceola, IA 50213  
(641) 342-3018

#### **Clarke County Chiropractic**

*Stuart Hoven*  
120 S. Fillmore St.  
Osceola, IA 50213  
(641) 342-4455  
[HTTP://WWW.WINTERSETFAMILYCHIROPRACTIC.COM](http://WWW.WINTERSETFAMILYCHIROPRACTIC.COM)

#### **Ellensohn Chiropractic**

*Kyle Ellensohn*  
615 W McLane St.  
Osceola, IA 50213  
(641) 342-2122  
[HTTP://ELLENSOHNCHIROPRACTIC.COM](http://ELLENSOHNCHIROPRACTIC.COM)

### **CLINICS-MEDICAL**

#### **Clarke County Clinic**

827 S Jackson St  
Osceola, IA 50213  
(641)342-2128

#### **Thomas J. Lower, D.O.**

127 W Washington St  
Osceola, IA 50213  
(641) 342-6568

### **CLOTHING ASSISTANCE**

#### **C.R.O.S.S. Ministries Thrift Store**

1610 N. Main St.  
Osceola, IA 50213  
(641) 342-2421  
[WWW.CROSSMINISTRIES-IA.COM](http://WWW.CROSSMINISTRIES-IA.COM)

### **DENTISTS**

#### **Clarke County Dental Health**

*Dr. John Meyer, Dr. Ashley Edwards, Dr. Ali Meyer*  
423 S Main St  
Osceola, IA 50213  
(641) 342-6079  
[HTTP://WWW.CLARKECOUNTYDENTAL.COM/](http://WWW.CLARKECOUNTYDENTAL.COM/)

#### **I-Smile**

Marion County Public Health Department  
2003 N. Lincoln  
Knoxville, IA 50138  
(641) 828-2238  
[WWW.MARIONPH.ORG](http://WWW.MARIONPH.ORG)

#### **Kerr Family Dental**

*Dr. Derek Kerr*  
148 W. Jefferson St.  
Osceola, IA 50213  
(641) 342-6541  
[WWW.KERRFAMILYDENTAL.COM](http://WWW.KERRFAMILYDENTAL.COM)

#### **Osceola Dental Care**

*Dr. Jessica Stark*  
320 W. McLane St. #1  
Osceola, IA 50213  
(641) 342-6648  
[WWW.OSCEOLAIAOWADENTAL.COM](http://WWW.OSCEOLAIAOWADENTAL.COM)

### **DISABILITY SERVICES**

#### **CROSS Mental Health Region**

2003 N. Lincoln  
PO Box 152  
Knoxville, IA 50138  
(641) 828-8149  
[WWW.CROSSMENTALHEALTH.ORG](http://WWW.CROSSMENTALHEALTH.ORG)

**Innovative Industries**

215 N. Walnut St.  
Creston, IA 50801  
(641) 782-8495

[HTTP://INNOVATIVE-INDUSTRIES.ORG](http://innovative-industries.org)

**Mosaic**

730 S. Main St.  
Osceola, IA 50213  
(641) 342-6015

[WWW.MOSAICINFO.ORG](http://www.mosaicinfo.org)

**Southern Iowa Resources for Families**

820 N. Main St.  
Osceola, IA 50213  
(641) 342-2395

**TELECOMMUNICATIONS DEVICE FOR THE DEAF/HEARING IMPAIRED****ASI Audiology and Hearing**

334 N West View Dr.  
Osceola, IA  
(641) 342-1044

[HTTPS://WWW.ASIAUDIOLOGY.COM/SOUNDS-OF-OSCEOLA](https://www.asiaudiology.com/sounds-of-osceola)

**EYE DOCTORS/OPTOMETRISTS****Family Eye Care of Osceola**

*Dr. Terry Brown*  
110 S Fillmore St.  
Osceola, IA 50213  
(641) 342-4356

[WWW.FAMILYEYECAREOFOSCEOLA.COM](http://www.familyeyecareofosceola.com)

**Osceola Vision Center**

*Dr. Dave Hoadley, Dr. Jon Heaverlo*  
147 S Main St.  
Osceola, IA 50213  
(641) 342-2737

[WWW.MYLOCALVISIONCENTER.COM](http://www.mylocalvisioncenter.com)

**FINANCIAL ASSISTANCE****Clarke County SCICAP Outreach Center**

116 S. Fillmore St.  
Osceola, IA 50213  
(641) 342-2101

[WWW.SCICAP.ORG](http://www.scicap.org)

**Clarke County General Relief**

100 S. Main  
Osceola, IA 50213  
(641) 342-2101

**Department of Human Services**

109 S. Main St.  
Osceola, IA 50213  
(641) 342-6516 ext.2244 (Income Maintenance)

[WWW.DHS.IOWA.GOV](http://www.dhs.iowa.gov)

**FITNESS CENTERS****21<sup>st</sup> Century**

109 W McLane St.  
Osceola, IA 50213  
(641) 342-1470

[HTTPS://WWW.21STCENTURYREHAB.COM/](https://www.21stcenturyrehab.com/)

**JET Fitness Center**

630 W McLane St  
Osceola, IA 50213  
(641) 223-8067

[HTTPS://WWW.GETJETSTRONG.COM/FITNESS-CENTER.HTML](https://www.getjetstrong.com/fitness-center.html)

**The Lighthouse**

117 S Main St  
Osceola, IA 50213  
(515) 661-3654

[HTTPS://WWW.21STCENTURYREHAB.COM/](https://www.21stcenturyrehab.com/)

**GENERAL ASSISTANCE****Area Agency on Aging**

119 N Elm  
Creston, IA 50801  
(641) 782-4040

[HTTPS://WWW.CONNECTIONSAAA.ORG/](https://www.connectionsaaa.org/)

**Clarke County General Assistance**

Clarke County Courthouse  
100 S. Main St.  
Osceola, IA 50213  
(641) 342-2933

[WWW.CLARKECOUNTYIA.ORG](http://www.clarkecountyia.org)



## **LEGAL SERVICES**

### **Roland's Law Office**

110 E. McLane St  
Osceola, IA 50213  
(641) 342-4727

### **Booth Law Firm**

122 W Jefferson St  
Osceola, IA 50213  
(641) 342-2619

### **Reynoldson & Van Werden, L.L.P.**

200 W Jefferson St  
Osceola, IA 50213  
(641) 342-2157

### **Murphy Law Office**

116 W Jefferson St  
Osceola, IA 50213  
(641) 342-2712

### **Elcock Law Firm**

102 E Washington St  
Osceola, IA 50213  
(641) 342-9361

## **MENTAL HEALTH SERVICES**

### **Children and Families of Iowa**

105 E McLane St  
Suite 400  
Osceola, IA 50213  
(641) 342-3444

[HTTP://CFIOWA.ORG/PROGRAMS/MENTAL-HEALTH](http://CFIOWA.ORG/PROGRAMS/MENTAL-HEALTH)

### **Community Health Centers of Southern Iowa**

131 W Washington St.  
Osceola, IA 50213  
(641) 342-9000

[WWW.CHCSI.ORG](http://WWW.CHCSI.ORG)

### **Community Health Centers of Southern Iowa Access Center**

219 W Washington St.  
Osceola, IA 50213  
(641) 342-1742

[WWW.CHCSI.ORG](http://WWW.CHCSI.ORG)

### **Crossroads Behavioral Health Services**

405 E McLane St.  
Osceola, IA 50213  
(641) 342-4888

[WWW.CHCSI.ORG](http://WWW.CHCSI.ORG)

### **Heal the Child, Heal the Adult**

134 W Jefferson St.  
Osceola, IA 50213  
(641) 342-6378

[HTTPS://WWW.HEALTHECHILDHEALTHHEADULT.COM/](https://WWW.HEALTHECHILDHEALTHHEADULT.COM/)

## **MINISTERIAL ALLIANCES/PASTORAL**

### **Calvary Bible Church**

2225 N. Main St.  
Osceola, IA 50213  
(641) 342-4778

[WWW.CALVARYOSCEOLA.ORG](http://WWW.CALVARYOSCEOLA.ORG)

### **Christ's Way Church**

201 Leann Dr.  
Osceola, IA 50213  
(641) 342-6181

### **Church of Jesus Christ of Latter Day Saints**

2519 US Hwy. 34  
Osceola, IA 50213  
(641) 342-6333

### **Community of Christ**

414 E. McLane St.  
Osceola, IA 50213  
(515) 339-1731

### **Faith Fellowship (EFCA)**

230 S. Fillmore St.  
Osceola, IA 50213  
(641) 342-6603

[WWW.OSCEOLAFAITHFELLOWSHIP.ORG](http://WWW.OSCEOLAFAITHFELLOWSHIP.ORG)

### **First Christian Church**

300 S. Main St.  
Osceola, IA 50213  
(641) 342-2921

### **Grace Bible Church**

410 N. Dewey St.  
Osceola, IA 50213  
(641) 342-7110

**Immanuel Lutheran Church MO Synod**

101 E. View Place  
Osceola, IA 50213  
(641) 342-3121

**La Iglesias De Dios De La Profecia**

2302 N. Main St.  
Osceola, IA 50213  
(641) 414-5529

**LifePoint Assembly of God**

801 N. Fillmore St.  
Osceola, IA 50213  
(641) 342-2334

[HTTP://LIFEPOINTMINISTRIES.NET](http://LIFEPOINTMINISTRIES.NET)

**Murray Baptist Church**

330 3rd St.  
Murray, IA 50174  
(641) 447-2487

**Murray Church of Christ**

430 3rd St.  
Murray, IA 50174  
(641) 447-2569

[WWW.MURRAYCHURCHOFCHRIST.ORG](http://WWW.MURRAYCHURCHOFCHRIST.ORG)

**Osceola Church of Christ**

3310 W. Grant St.  
Osceola, IA 50213  
(641) 342-2720

[WWW.OSCEOLACOC.ORG](http://WWW.OSCEOLACOC.ORG)

**Osceola Full Gospel Church**

700 Colorado St.  
Osceola, IA 50213  
(641) 342-6199

**Saint Bernard Catholic Church**

222 E. Pearl St.  
Osceola, IA 50213  
(641) 342-2850

**Seventh Day Adventist**

2302 N. Main St.  
Osceola, IA 50213

[HTTP://OSCEOLAIA.ADVENTISTCHURCH.ORG](http://OSCEOLAIA.ADVENTISTCHURCH.ORG)

**United Methodist Church**

130 W. Grant St.  
Osceola, IA 50213  
(641) 342-2830

[WWW.OSCEOLAUMC.NET](http://WWW.OSCEOLAUMC.NET)

**United Methodist Church**

707 Maple St.  
Murray, IA 50174  
(641) 447-2591

**Weldon United Methodist Church**

2<sup>nd</sup> 1<sup>st</sup> Ave W  
Weldon, IA  
(641) 446-7343

**NUTRITION AND FOOD****Area Agency on Aging**

119 N Elm  
Creston, IA 50801  
(641) 782-4040

[HTTPS://WWW.CONNECTIONSAAA.ORG/](https://WWW.CONNECTIONSAAA.ORG/)

**Child & Adult Care Food Program**

Iowa State University Extension & Outreach  
154 W. Jefferson St.  
Osceola, IA 50213  
(641) 342-3316 or (641) 342-3844

[WWW.FNS.USDA.GOV/CACFP](http://WWW.FNS.USDA.GOV/CACFP)

**Clarke County SCICAP Outreach Center (Food Pantry)**

116 S. Fillmore St.  
Osceola, IA 50213  
(641) 342-2101  
WWW.SCICAP.ORG

**Osceola Full Gospel Church Food Pantry**

700 Colorado St.  
Osceola, IA 50213

**Women, Infant & Children Program (WIC)**

MATURA  
210 Russell St.  
Creston, IA 50801  
(641) 202-7114

[WWW.MATURACOMMUNITYACTION.COM](http://WWW.MATURACOMMUNITYACTION.COM)

## **PHARMACIES**

### **Hy-Vee**

510 West McLane Street  
Osceola, Iowa  
(641) 342-2125

### **Wal-Mart**

2400 College Dr  
Osceola, IA 50213  
(641) 342-1662

## **SENIOR SERVICES**

### **Area Agency on Aging**

119 N Elm  
Creston, IA 50801  
(641) 782-4040

[HTTPS://WWW.CONNECTIONSAAA.ORG/](https://www.connectionsaaa.org/)

### **Clarke County Senior Center**

114 S Fillmore  
Osceola, IA 50213  
(641) 342-6221

### **Social Security Administration**

906 E. Taylor St.  
Creston, IA 50801  
(866) 613-2827

[WWW.SSA.GOV](http://www.ssa.gov)

## **WOMAN SERVICES**

### **Care for Yourself Women's Health Program for Clarke, Warren, & Decatur**

144 W. Jefferson  
Osceola, IA 50213  
(641) 342-3724

[WWW.CLARKECOUNTYPUBLICHEALTH.ORG](http://www.clarkecountypublichealth.org)

### **Maternal, Child & Adolescent Health**

Marion County Public Health Department  
2003 N. Lincoln  
Knoxville, IA 50138  
(641) 828-2238

[WWW.MARIONPH.ORG](http://www.marionph.org)

**Appendix B:**  
**CHINA Survey**

1. PART I: HEALTHCARE PERCEPTIONS AND SATISFACTION

\* 1. What are the three most important factors for a "Healthy Community" (those factors which best improve the quality of life in a community)? Please select three options below.

- |  |  |   |
|--|--|---|
| <input type="checkbox"/> Access to healthcare (ex: family, doctor, hospital, emergency health services, and other health services) | <input type="checkbox"/> Good jobs and healthy economy     | <input type="checkbox"/> Low infant deaths              |
| <input type="checkbox"/> Affordable housing  | <input type="checkbox"/> Good place to raise children      | <input type="checkbox"/> Low level of child abuse       |
| <input type="checkbox"/> Arts and cultural events  | <input type="checkbox"/> Good schools                      | <input type="checkbox"/> Religious and spiritual values |
| <input type="checkbox"/> Availability of child care  | <input type="checkbox"/> Health behaviors and lifestyle    | <input type="checkbox"/> Parks and recreation           |
| <input type="checkbox"/> Clean environment   | <input type="checkbox"/> Low adult death and disease rates | <input type="checkbox"/> Strong family life             |
| <input type="checkbox"/> Excellent race relations  | <input type="checkbox"/> Low crime/safe neighborhoods      |   |

Other (please specify):

\* 2. What are the three most important "health issues" in our community (behaviors that have the greatest impact on overall community health)? Please select three options below.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Accidental injury/death (falls, poison, drowning, farm injuries)              | <input type="checkbox"/> Diabetes  | <input type="checkbox"/> Lack of transportation for medical care |
| <input type="checkbox"/> Aging problems (arthritis, hearing/vision loss, etc.)                         | <input type="checkbox"/> Domestic violence (physical, emotional, sexual) | <input type="checkbox"/> Mental health problems                  |
| <input type="checkbox"/> Cancer  | <input type="checkbox"/> Firearm-related injuries                        | <input type="checkbox"/> Motor vehicle crash injuries            |
| <input type="checkbox"/> Child abuse/neglect (physical, emotional, or sexual)                          | <input type="checkbox"/> Heart disease/stroke                            | <input type="checkbox"/> Rape/sexual assault                     |
| <input type="checkbox"/> Elder abuse (physical, emotional, sexual, neglect, or financial exploitation) | <input type="checkbox"/> High blood pressure                             | <input type="checkbox"/> Respiratory/lung disease                |
| <input type="checkbox"/> Environmental (unsafe water, lead poisoning, radon exposure)                  | <input type="checkbox"/> HIV/AIDS, sexually transmitted diseases         | <input type="checkbox"/> Suicide                                 |
| <input type="checkbox"/> Dental problems   | <input type="checkbox"/> Infectious disease                              | <input type="checkbox"/> Vaccination rate                        |

Other (please specify):

\* 3. What are the three most important behaviors that negatively impact the overall health in Clarke County?

Please select three options below.

- |   |  |
|---|--|
| <input type="checkbox"/> Abuse/violence                         | <input type="checkbox"/> Not seeking help for mental illness               |
| <input type="checkbox"/> Alcohol abuse                          | <input type="checkbox"/> Poor eating habits                                |
| <input type="checkbox"/> Being overweight or obese              | <input type="checkbox"/> Prescription drug abuse                           |
| <input type="checkbox"/> Domestic abuse                         | <input type="checkbox"/> Racism  |
| <input type="checkbox"/> Dropping out of school                 | <input type="checkbox"/> Tobacco use                                       |
| <input type="checkbox"/> Illegal drug abuse                     | <input type="checkbox"/> Unsafe sex  |
| <input type="checkbox"/> Lack of exercise                       | <input type="checkbox"/> Safety (not using helmets, car seats, seat belts) |
| <input type="checkbox"/> Not getting "shots" to prevent disease |  |

Other (please specify):

\* 4. In your opinion, what areas need additional education or attention in our community? Please select three options below.

- |  |  |  |
|--|--|--|
| <input type="checkbox"/> Abuse/violence        | <input type="checkbox"/> Language barriers         | <input type="checkbox"/> Sexually transmitted diseases |
| <input type="checkbox"/> Aging related issues  | <input type="checkbox"/> Lead exposure             | <input type="checkbox"/> Suicide                       |
| <input type="checkbox"/> Alcohol               | <input type="checkbox"/> Mental illness            | <input type="checkbox"/> Teen pregnancy                |
| <input type="checkbox"/> Alternative medicine  | <input type="checkbox"/> Neglect (child and elder) | <input type="checkbox"/> Tobacco use                   |
| <input type="checkbox"/> Birth control         | <input type="checkbox"/> Nutrition                 | <input type="checkbox"/> Vaccinations                  |
| <input type="checkbox"/> Child care            | <input type="checkbox"/> Obesity                   | <input type="checkbox"/> Water quality                 |
| <input type="checkbox"/> Chronic disease       | <input type="checkbox"/> Pain management           | <input type="checkbox"/> Wellness                      |
| <input type="checkbox"/> Drugs/substance abuse | <input type="checkbox"/> Insurance                 |  |
| <input type="checkbox"/> Family planning       | <input type="checkbox"/> Preventative healthcare   |  |

Other (please specify):

\* 5. Does Clarke County need any additional healthcare providers?

- Yes
- No

If yes, in what specialty:

\* 6. Are there healthcare services in Clarke County that you feel need to be added, improved, and/or changed?

Yes

No

If yes, please be specific:

\* 7. What makes Clarke County a good place to live, work, worship, and visit?

\* 8. What are some ways Clarke County could improve to make it a better place to live, work, worship, and visit?

\* 9. What new community health programs should be created to meet current community health needs?

2. PART II: YOUR HEALTH PRACTICES

\* 10. In general, how would you best describe your health?

- Very Good  Good  Fair  Poor  Very Poor

\* 11. Do you have a personal healthcare provider you use for healthcare?

- Yes  
 No

If yes, please give physician's name/specialty/city:

12. Please answer the following questions. Are you:

	Yes	No	N/A
Eating right (daily 5+ servings fruits/veg)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Using tobacco products weekly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Exercise 2-3 times weekly	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Consuming alcohol (more than 1 drink daily)	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Receiving an annual flu shot	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Scheduling yearly physicals with your primary care provider	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

\* 13. Have you or someone in your household delayed healthcare due to any of the following reasons (check all that apply)?

- |  |  |
|--|--|
| <input type="checkbox"/> Did not have a doctor | <input type="checkbox"/> Lack of transportation          |
| <input type="checkbox"/> Lack of insurance     | <input type="checkbox"/> Unable to obtain an appointment |
| <input type="checkbox"/> Lack of money         | <input type="checkbox"/> Not applicable                  |



\* 14. What resource do you primarily use to seek community and healthcare information?

Physician

Newspaper/magazine articles

Family and friends

Television

Radio

Internet

Other (please specify):

2019 Community Health Need Assessment - Clarke County (English Version)

3. PART III: A LITTLE MORE ABOUT YOU

15. What is your connection to Clarke County (please check all that apply)?

- I live in Clarke County
- I am employed in Clarke County
- I go to school in Clarke County
- I attend worship services in Clarke County

16. What is your home 5 digit zip code and county of residence?

ZIP Code:

County:

17. What is your age?

- Under 18  18-24  25-44  45-64  65-74  Over 75

18. What is your gender (optional)?

- Male
- Female

19. How would you identify yourself (optional)?

- |   |   |
|---|---|
| <input type="radio"/> Caucasian/White American        | <input type="radio"/> American Indian/Native Alaskan  |
| <input type="radio"/> African American/Black American | <input type="radio"/> Asian American/Pacific Islander |
| <input type="radio"/> Latino/Hispanic American        | <input type="radio"/> Multicultural/Multiracial       |

Other:

20. How would you describe your household (optional)?

- |                               |                                |
|-------------------------------|--------------------------------|
| <input type="radio"/> Single  | <input type="radio"/> Divorced |
| <input type="radio"/> Married | <input type="radio"/> Widowed  |

Other:

21. Do you have children living at home?

Yes

No

22. What is your employment status?

Employed for wages

Retired

Self-employed

Military

Unemployed

Student

Other:

23. Regarding your health insurance coverage, what type of health coverage is your primary plan (check all that apply)?

Insurance obtained through employer

Medicaid

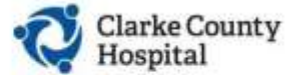
Private Insurance you purchased

No coverage (uninsured)

Medicare

Other:

**Appendix C:**  
**CHNA Survey**  
**Results**



An Affiliate of  UnityPoint Health

# Community Health Needs Assessment 2019

CLARKE COUNTY, IOWA



Picture 1. County Map of Iowa

In June 2019, Clarke County Public Health collaborated with Clarke County Hospital and launched an initiative to better understand the health needs of the community. This process included conducting a Community Health Needs Assessment (CHNA) to provide statistical data of the community's health status, then taking this information and developing a Health Improvement Plan (HIP) to identify and prioritize health concerns. Data was collected from June 20<sup>th</sup>, 2019 through September 20<sup>th</sup>, 2019, via paper surveys and an online survey. A collaborative approach was utilized through meetings and discussions. This report shows the findings of the CHNA, and now it is time to prioritize the needs of the community and decided what next area we want to focus on in developing a Health Improvement Plan.

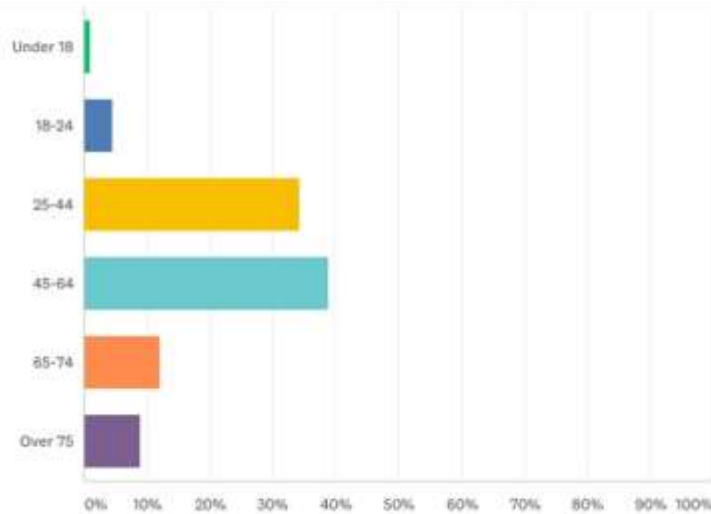
# Clarke County Demographics

Clarke County was established on January 13, 1846. The county was named in honor of James Clarke, third Governor of Iowa Territory.<sup>1</sup> Cities located in Clarke County are: Osceola, Woodburn, Murray, Weldon, Green Bay, Doyle, Knox, Fremont, Jamison, Troy, Liberty, Ward, Franklin, Madison, Washington, Jackson, and Hopeville.<sup>2</sup>

Table 1. Clarke County Demographics<sup>3,4</sup>

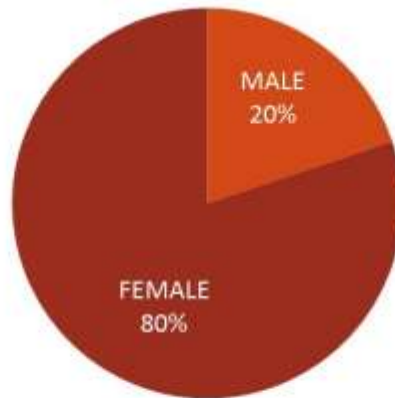
<b>Population:</b> 9,423 (2018 Estimate)	<b>White:</b> 84.6% <b>Hispanic:</b> 12.7% <b>Other:</b> 2.7%
<b>Individuals living below poverty level:</b> 15.4%	<b>Uninsured Adults:</b> 7% <b>Uninsured Children:</b> 3%
10 healthcare providers, 3 dentists (*Not a health professional shortage area)	<b>Average life expectancy:</b> 77.5 years
<b>% Unemployment average:</b> 3.1% (3.1 % Iowa)	<b>No high school diploma:</b> 16.7%

# Age of Respondents



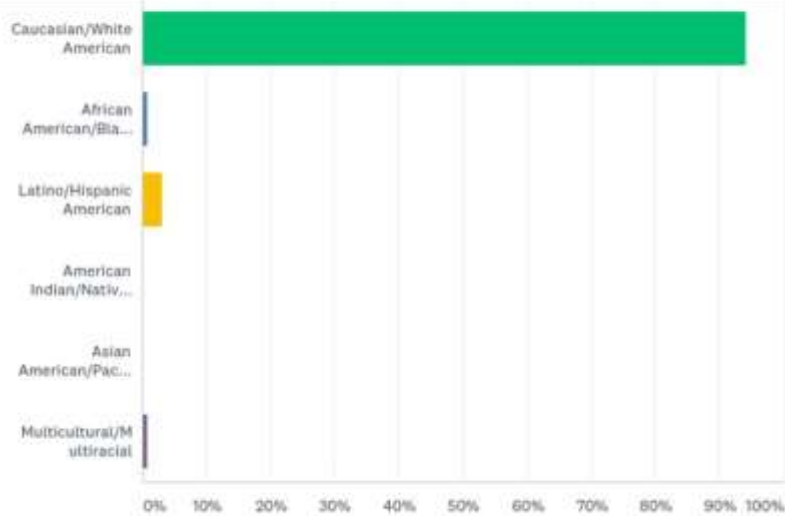
## Gender of Respondents

---

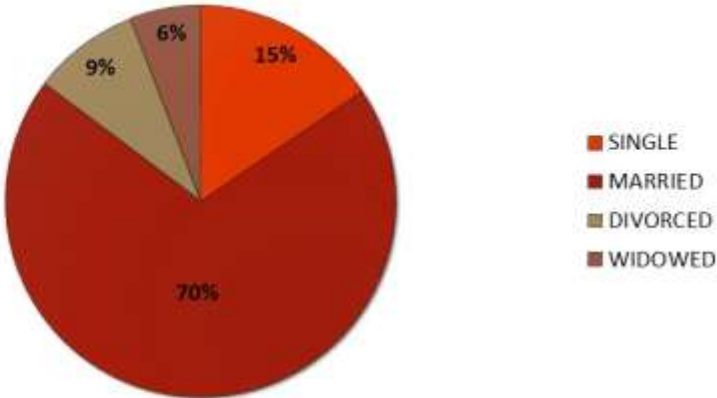


## Ethnicity of Respondents

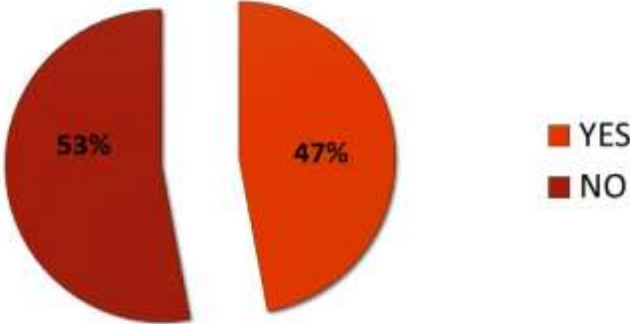
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# Marital Status of Respondents

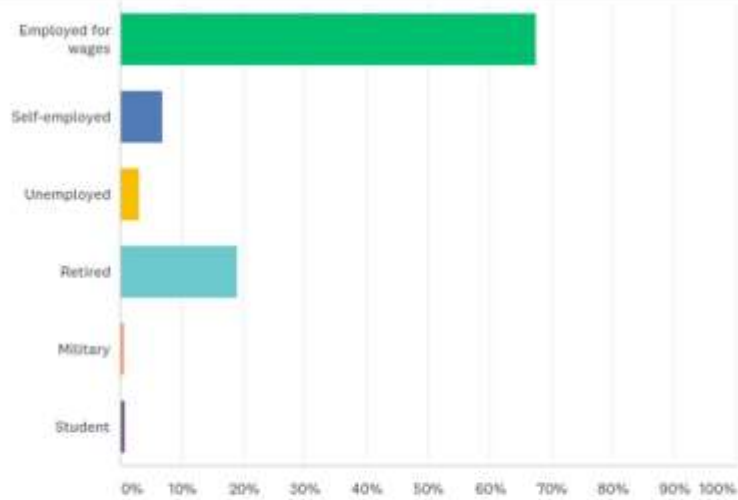


# Children Living at Home

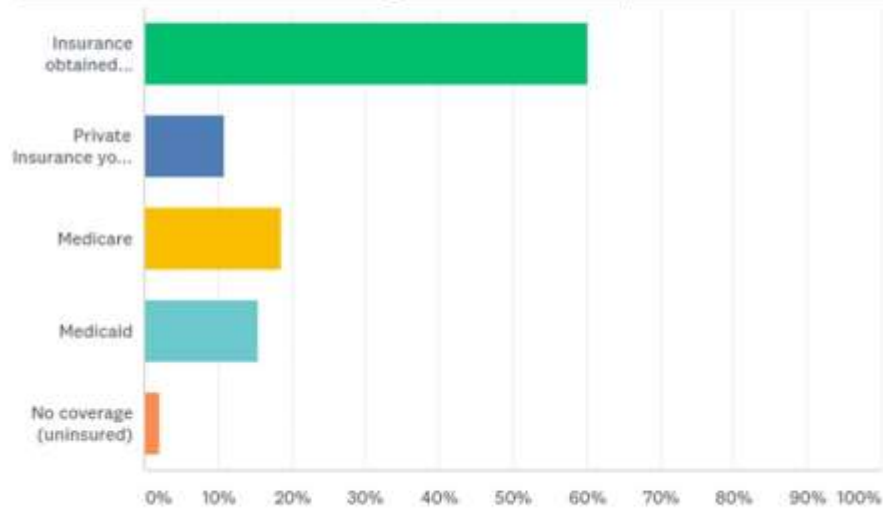




## Employment Status



## Health Coverage of Respondents



## Connection to Clarke County

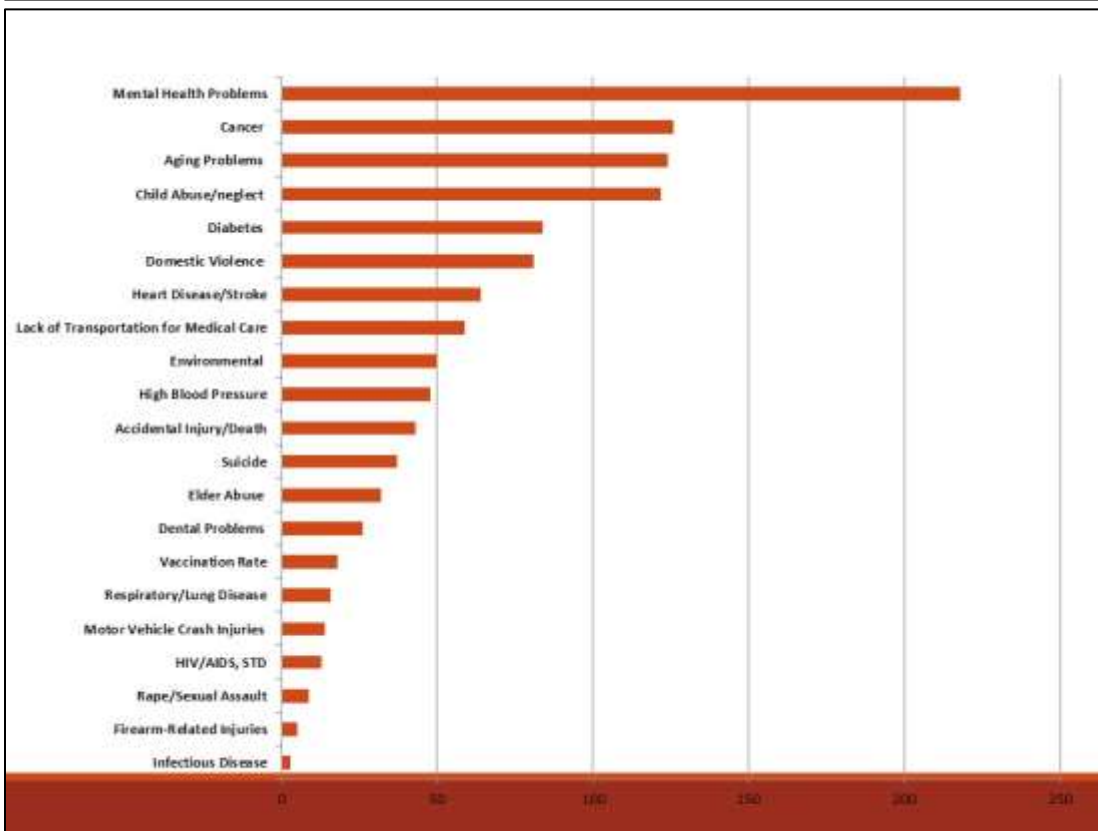
---

I live in Clarke County.	83.65% (n=312)
I am employed in Clarke County.	60.32% (n=225)
I go to school in Clarke County.	3.49% (n=13)
I attend worship services in Clarke County.	24.93% (n=93)

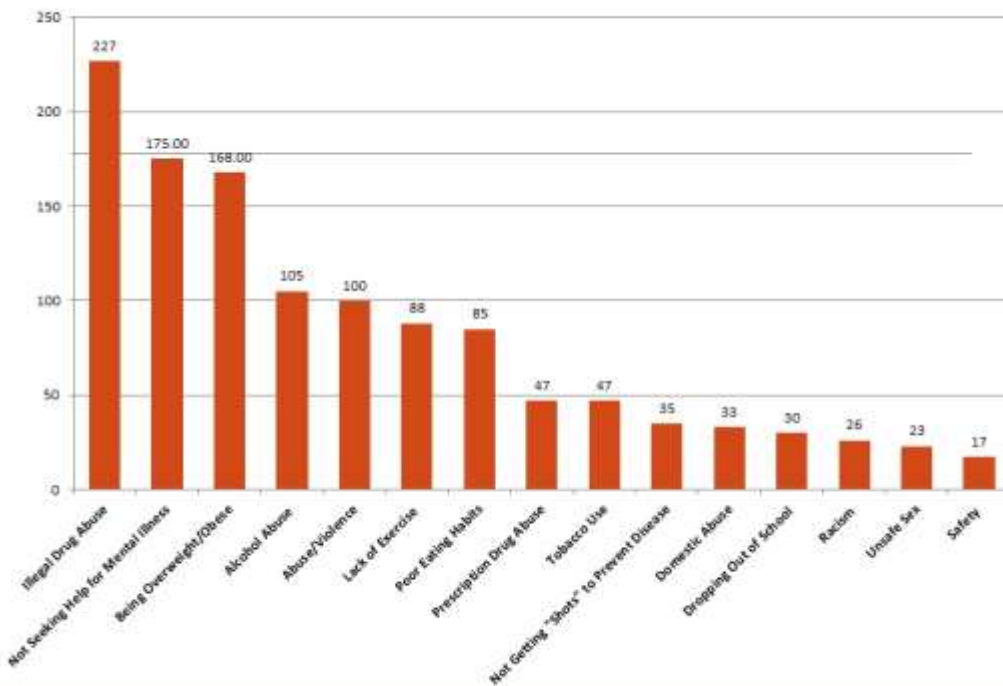
# What are the three most important factors for a “healthy community?”

Access to Healthcare	70.48% (n=277)
Good Jobs and Healthy Economy	48.35% (n=190)
Good Schools	32.57% (n=128)
Affordable Housing	29.77% (n=177)
Low Crime/Safe Neighborhoods	26.46% (n=104)
Good Place to Raise Children	18.07% (n=71)
Strong Family Life	17.81% (n=70)
Health Behaviors and Lifestyle	16.03% (n=63)
Clean Environment	16.03% (n=63)
Parks and Recreation	12.96% (n=51)
Availability of Child Care	10.43% (n=41)
Religious and Spiritual Values	8.91% (n=35)
Low Level of Child Abuse	6.62% (n=26)
Arts and Cultural Events	5.09% (n=20)
Excellent Race Relations	4.58% (n=18)
Low Adult Death and Disease Rates	3.31% (n=13)
Low Infant Deaths	3.31% (n=13)

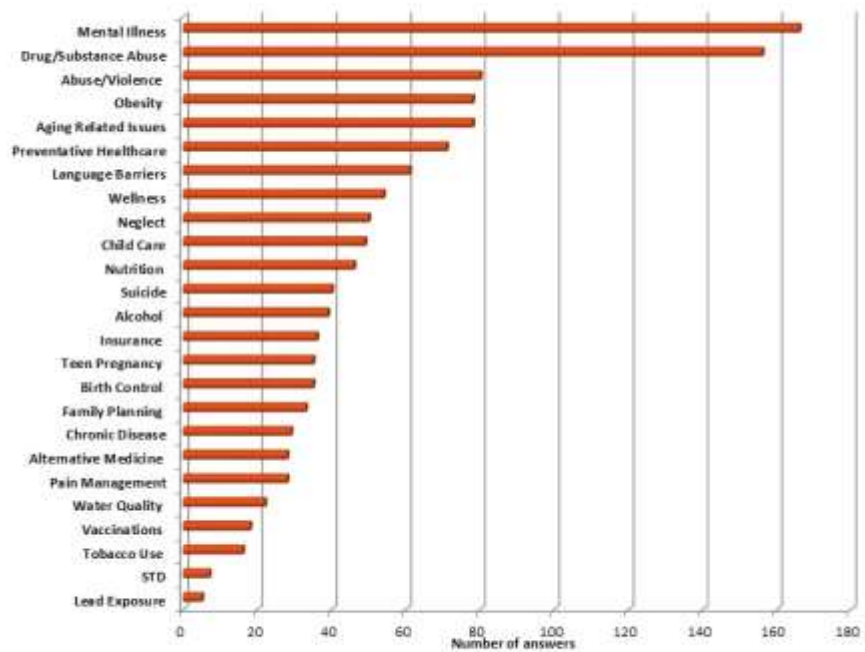
What are the three most important “health issues” in our community?



What are the three most important behaviors that negatively impact the overall health in Clarke County?



# What areas need additional education or attention in our community?



## Does Clarke County need any additional providers?

---



# Are there healthcare services in Clarke County that need to be added, improved and/or changed? (Listed by order of mention)

## Mental health

- Children and adults
- More mental health care education

## Specialties

- ob/gyn
- Psych
- Overall desire for an increase in specialty care offerings

## Appointments

- Need more efficient process
- Long waits to see primary care physician
- Unable to get day-off appointments
- Needs to be more accessible

## Elderly care

- More needed (assisted living; dementia care)

## Cost

- Cost much higher than DM
- Cover more insurance companies

## Hours

- Urgent care without using ER



# What makes Clarke County a good place to live, work, worship and visit?

(Listed by order of mention)

- People
  - Friendly
  - Caring
  - Dedicated to making town better
- Community
  - Close-knit
  - Safe
  - Close to Des Moines
  - Small-town feel
- Jobs
  - Availability of job
  - A lot of businesses and manufacturing
  - Strong job market
- Amenities
  - Great hospital services and clinic
  - Access to pharmacies, dentists, eye doctors
  - Variety of events
  - Great walking trails
- Churches
  - Several options
  - Help with community need
  - Inspiring pastors
- Schools
  - Good schools
  - Access to college and trades education

# What are some ways Clarke County could improve to make it a better place to live, work, worship, and visit?

(Listed by order of mention)

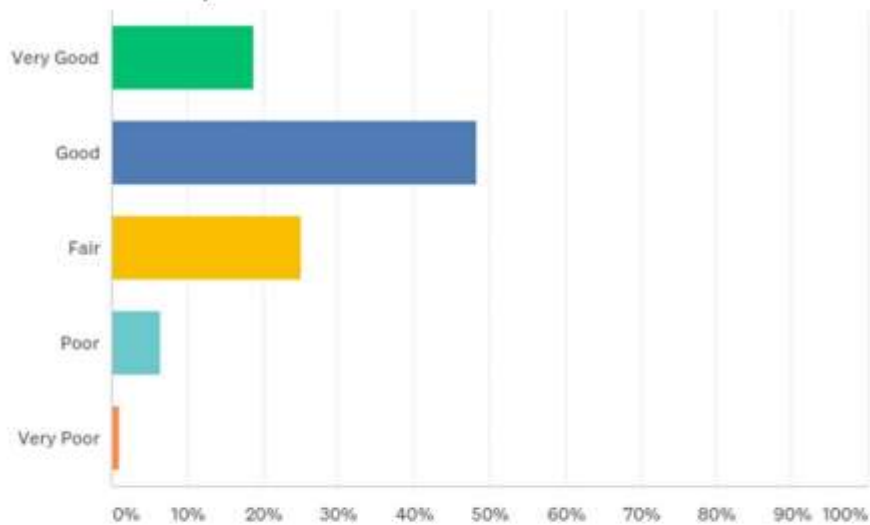
- Jobs
  - Better, higher paying
- Housing
  - Better options
  - Better low-income housing
  - More mid-level options
- Rec center
  - Indoor pool
  - Outdoor sand volleyball
- Activities for kids
  - After school programs
  - Family activities
  - More park and rec activities
- Infrastructure
  - Sidewalks, roads and bridges – improve
  - Fix empty buildings
  - Cleanliness of community and neighborhoods
  - Fix neglected houses
- Drug enforcement
- Shopping and recreational opportunities
- Community Pride
  - Share more positives
  - More community events

# What new community health programs should be created to meet current community health needs?

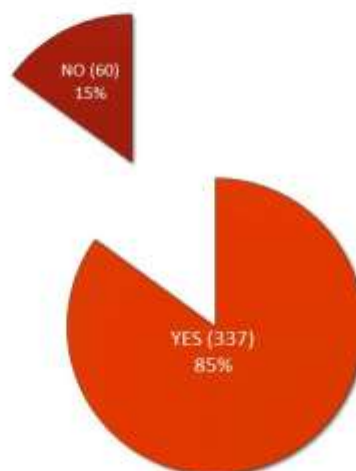
(Listed by order of mention)

- Mental health
  - support groups
  - education
  - Police and first responder training
- Rec center
  - Indoor pool
  - Affordable place to exercise
  - Classes (pilates, yoga, tai chi, etc.)
- Education
  - Parenting programs
  - After school programs
  - Diabetes
  - LGBTQIA topics
  - New mom support
  - Cooking classes
  - Drug abuse awareness
- Substance abuse
  - Awareness training
  - Treatment programs
- Obesity & healthy eating
  - Nutrition programs
  - Weight loss clinic
- Health care costs
- Hispanic Community Healthcare
  - Bilingual provider
  - Education on system

In general, how would you best describe your health?



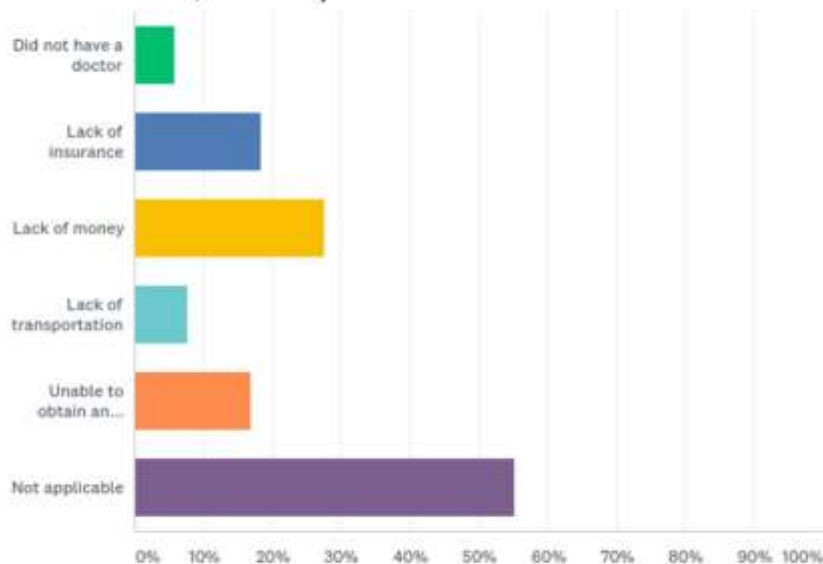
Do you have a personal healthcare provider?



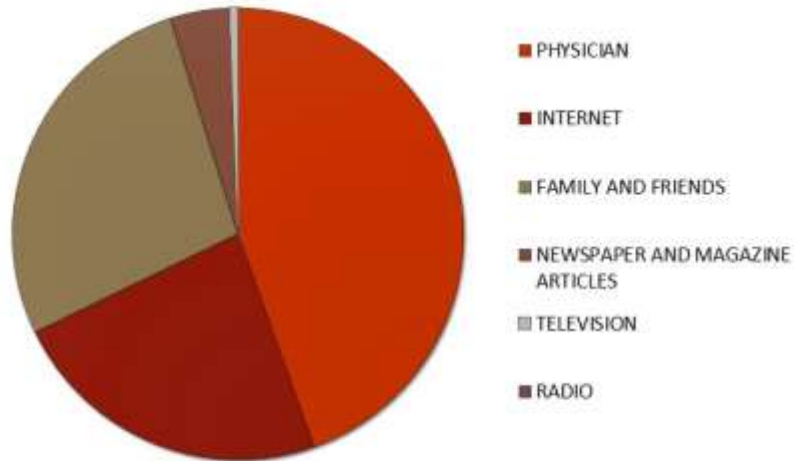
## Are you:

	Yes	No	N/A
Eating Right (daily 5+ servings of fruits/veg)	50.4% (n=191)	48.28% (n=183)	1.32% (n=5)
Using Tobacco Products Weekly	13.19% (n=50)	81.27% (n=308)	5.54% (n=21)
Exercise 2-3 Times Weekly	58.27% (n=222)	40.42% (n=154)	1.31% (n=5)
Consuming Alcohol (more than 1 drink daily)	7.16% (n=27)	86.84% (n=327)	6.10% (n=23)
Receiving Annual Flu Shot	73.66% (n=280)	25.33% (n=96)	0.79% (n=3)
Scheduling Yearly Physicals with your Primary Care Provider	74.34% (n=281)	24.07% (n=91)	1.59% (n=6)

## Have you, or someone in your household, delayed healthcare due to:



# What resources do you use to answer community and healthcare questions?



Mackenzie Nelson BSN, RN  
Administrator

144 West Jefferson  
Osceola, IA 50213  
641-342-3724

Melanie Boyd, MHA, RN  
Chief Patient Experience/Privacy Officer

800 S. Fillmore Street  
Osceola, IA 50213  
641-342-2184

**Appendix D:**  
**Forum Agenda**  
**Notes and**  
**Summary**

# **Community Health Needs Assessment**

## **Community Forum 1**

Thursday, November 7, 2019 4 – 6 PM Library Board Room

- Welcome. Please sign the attendance form
- Introduction of planning team
- Purpose of the Community Health Needs Assessment
- Community Health Survey results
- Clarke County Health Report card
- Identify the Health Needs of our county in these areas.
  - Promote Healthy Behaviors
  - Prevent Injuries
  - Protect Against Environmental Hazards
  - Prevent Epidemics and the Spread of Disease
  - Prepare for, Respond to and Recover from Public Health Emergencies
  - Strengthen the Public Health Infrastructure
- Next meeting to be held on Nov. 21 from 4-6 pm at the Clarke County Hospital Administration Building. This meeting will examine the needs identified and help determine what is the most important one or two problems that can be addressed in the future. Help determine what solutions, resources and manpower can be used.

**Thank you for your time today.**

Clarke County Public Health 641-342-3724

Clarke County Hospital 641-342-5293



# Summary of Community Health Needs

## Assessment Community Forum 1

Thank you to everyone who attended our Community Forum on Thursday, November 7<sup>th</sup> from 4:00 pm to 6:00 pm to discuss our survey results for the 2019 Community Health Needs Assessment. Here is an overview of the meeting and discussions.

Total Attendees: 10

Topics of Concern:

- 1) Awareness of resources, community events, different classes, etc.
  - a. How do we get people involved?
  - b. What sources do we have or could we use for outreach?
    - i. Community Involvement
    - ii. “Hot Spots” or area with large amount of people to involve/inform people
    - iii. Champions: who are “expert” or best resources for the topics
    - iv. Health Clarke Coalition: starting that back up – way for all programs to be involved together
- 2) Mental Health
  - a. Adult and children
  - b. Resources available
  - c. Promote programs already in place
  - d. Get more people involved
  - e. Health Clarke Coalition: ways to involve others and join forces with key players in the community
  - f. Includes: homelessness, basic needs, substance abuse, abuse/violence
- 3) Substance/Drug Abuse
  - a. Resources available
  - b. Teaching young about effect of alcohol/drugs
- 4) Abuse/Violence
  - a. Resources available

Key players to involve: Clarke County Public Health, Clarke County Hospital, Mental Health Region, Mental Health Facilities/Clinics/Providers, County Supervisors, Law Enforcement, Healthcare Providers, Pastors/Churches and Members, Different Places of Business, Schools, AEA, City Council, Rotary

# **Community Health Needs Assessment**

## **Community Forum 2**

Thursday, November 21, 2019 4 – 6 PM Board Room in Clarke  
County Hospital Administration Building

1. Welcome. Please sign the attendance form
2. Introductions Review and discuss the top ten health concerns in Clarke County
3. Prioritize Concerns
4. Establish a core committee to develop a health improvement plan on one or more health needs identified

If you are unable to attend, please send your votes in for three health concerns and your reasoning for making the concern a priority.

Next meeting to be held on Dec. 12 from 4-6 pm at the Clarke County Hospital Administration Building.

**Thank you for your time today.**

Clarke County Public Health 641-342-3724

Clarke County Hospital 641-342-5293

# Summary of Community Health Needs

## Assessment Community Forum 2

Thank you to everyone who attended our Community Forum on Thursday, November 21<sup>st</sup> from 4:00 pm to 6:00 pm to discuss our survey results for the 2019 Community Health Needs Assessment. Here is an overview of the meeting and discussions.

Total Attendees (17): Mary Delong (Clarke Co/CROSS), Heather Buckingham (CCPH), Heather Kimmel (CCPH), Leah Reed (CCH), Jessica Conley (CCPH), Marty Duffins (Osceola Police), Stephanie Shields (CCPH), Brian Evans (CCH), Marvin McCann (Clarke County Supervisor), Dr. Al Adams (Pastor/Chaplain), Elizabeth Simpson (CCDC), Andrew Clark (Spoke Communications), Melanie Boyd (CCH), Bre Leymaster (Crossroads), Jennifer Mitchell (CCPH), Kevin Comer (Community Health Centers of Southern Iowa), Rev James Sheckly and Pat (Osceola Gospel Church)

### **Main Concern for 2019 CHNA-HIP:**

#### 1.) Mental Health

- i. Adult
- ii. Children
- iii. Concerns:

1. What services are available?
2. Do people know about the services?
3. How can we share information?

- Community Care Coalition (Healthy Clarke County?): Hospital, clinic, nursing home, AL, Schools, etc.
- Providers partner together
- Make appropriate referrals
- Problem solving
- Develop system within healthcare to work together

#### 2.) Access to Mental Health goal:

- Develop a community guide to be able to distribute throughout the community that has information readily available
- Strategy
  - a. Make something to hand out to people
  - b. Hand out at WIC, other local events
  - c. Increase Marketing: posters, advertising, partnerships with out of county providers, exploring funding sources, school guidance counselors
  - d. Get into schools early and in middle/high school

# **Community Health Needs Assessment**

## **Community Forum 3**

Thursday, December 12, 2019 4 – 6 PM Board Room in Clarke  
County Hospital Administration Building

1. Welcome. Please sign the attendance form
2. Introductions
3. Review top priorities from forum 2 and determine the top 2 to 3 needs of the community
4. Discuss the following for the top 2 to 3 needs
  - Major concerns or why
  - Goals to improve concern
  - Strategy or how will we achieve this goal
5. Discuss what works for our community
6. Discuss what works for others and recruiting others to work on issues

**Thank you for your time today.**

Clarke County Public Health 641-342-3724

Clarke County Hospital 641-342-5293

# **Summary of Community Health Needs**

## **Assessment Community Forum 3**

Thank you to everyone who attended our Community Forum on Thursday, December 12<sup>th</sup> from 4:00 pm to 6:00 pm to discuss our survey results for the 2019 Community Health Needs Assessment. Here is an overview of the meeting and discussions.

Total Attendees (15): Mary Delong (Clarke Co/CROSS), Heather Kimmel (CCPH), Leah Reed (CCH), Stephanie Shields (CCPH), Brian Evans (CCH), Marvin McCann (Clarke County Supervisor), Dr. Al Adams (Pastor/Chaplain), Melanie Boyd (CCH), Jennifer Mitchell (CCPH), Kevin Comer (Community Health Centers of Southern Iowa), Rev James Sheckly and Pat (Osceola Gospel Church), Tom Bahls (CCH), Jean Bahls (Clarke CSD), Becca Kedley (Clarke CSD), Jerry Jacobson, Erin Dykes (CCH)

### **Main Concern for 2019 CHNA-HIP:**

Access to Mental Health goal:

#### 1.) Future Goals/Plans

- a. Develop a community guide to be able to distribute throughout the community that has information readily available
- b. Bring back Healthy Clarke County Coalition
- c. Increase the number of access points of mental health providers
- d. Advocacy to legislation for mental health
- e. Get involved with the judicial systems
- f. Bridge gaps between miscommunication between agencies
- g. Find additional data points for pop health
- h. Resilience training for providers

#### 2.) Currently Doing for Mental Health

- a. Adverse childhood trauma grant – hospital is working with community, schools, parents....
- b. School has a full time counselor/social worker
- c. Childhood abuse council